# Jazz Team Requirements

All jazz teams will be placed based on the level of technique each dancer displays while performing a variety of turn combinations, extensions, leaps and jumps. The strength and sharpness in their movements and strong ballet technique will also be highly taken into consideration when placing girls on jazz teams. Jazz teams will be forty-five minute teams that meet once a week. Ballet attendance will be crucial. One hour or two hours of ballet a week will be required based on the level of jazz team. One forty-five minute leaps and turns will be required for each dancer no matter what jazz level they are placed on.

\*\*Skills to be observed during weekly summer classes in our July session: Dancers do not need to be able to do all skills listed in each section. The more skills they are able to do with correct body placement, arm placement and technique will have them placed on a higher level of jazz team.

#### Turning Skills:

Jazz pirouettes and combination turns (kick outs, leap outs etc)
Turns in second and combination turns
Axel turns
Turning toe touch
Turning tilts
Chaine Turns

## <u>Leaping and Jumping Skills:</u>

Switch Center Leaps
Switch Leaps
Split leaps (Jeté and Saut de chat)
Turning leaps
Reverse leaps
Side leaps
Half side leaps
Consecutive Jumps (split jumps, tilt jumps, toe touches)

## Flexibility Skills:

Developpes

Heel and hand on both sides with the ability to let go on one side and hold

Splits on both sides

Battement kick

#### Jazz Dance: (dancers will learn dances during their summer classes)

Musicality

Strength, sharpness and controlled arms and body placements Personality and spunk in the face while performing Dancing with correct technique while performing